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Christian Nielsen MT-BC Summary of Qualifications & Experience

Professional History:

Music Therapy Practice- Since completing my music therapy degree and board-certification, I have provided services to individuals and organizations on a contractual basis. Most of my work now is in hospice care. The organizations I have contracted with are too numerous to list entirely. Below are a few of the more major contracts.

Ridgeview Medical Center: Hospice (March 1, 2001 – present)

Waconia, MN

Services Provided:

- Developed and implemented a hospice music therapy program
- Working as a member of the interdisciplinary team using music to meet the physical, emotional, and spiritual needs of our hospice clients and their families
- Assisting in providing bereavement care and services to our families

I joined this team shortly after the founding of Ridgeview's Hospice program as the first music therapist. What started as a small program and minimal time commitment has turned into a large successful program with strong community support that makes up a large part of my current professional activity.

Carver-Scott Educational Cooperative (September 2001 – June 2002)

Chaska, MN

Services Provided: Consulting and development services to design music therapy interventions for teens with chemical dependency and emotional/behavioral issues in the educational and corrections settings.

Park Nicollet Clinics: Center for Lifestyle Renewal (July 1, 2000 – October 2001)

Saint Louis Park, MN

Services Provided:

- Developed and implemented a music therapy program for clients with chronic pain and chronic health issues
- Integrating music therapy with other complimentary and medical treatment modalities as part of a diverse interdisciplinary team that included physicians, nurses, occupation therapists, physical therapists, Qigong and healing touch practitioners, chiropractor

English Rose Suites (December 1999 - March 2001)

Edina, MN

Services Provided: Develop and implement a music therapy program for people who have Alzheimer's Dementia in three small, home-like settings.

Past related work experience- Prior to work as a music therapist I have 10 years of experience in the health care and human services fields working as a Recreation Therapist, Group Home Counselor, Home Health Aide, and TMA. Organizations included: Lutheran Social Services, Catholic Charities, Northeast Respite Care, REM Inc., Dungarvin, and Opportunity Partners. I can give more information on request. I also have 20+ years of experience as a professional performing musician and taught guitar lessons for 4 years during college.

Other professional activities-

Most of my other professional activities are related to bereavement and grief support for hospices, health systems, funeral homes, faith organizations, and grief coalitions. This includes: music performance, interactive music experiences, counseling, consulting, composition, music production recording, and speaking. I have done audiovisual consulting with organizations such as the Methodist Hospital Radiation Oncology department. I provide music therapy to a number of individual clients. I also have a successful business of creating and selling recordings for relaxation and meditation. There is more information on my web site: www.nielsenmtbc.com

Organizations Served- The following is a very condensed list of organizations for which I have provided music therapy, performing, bereavement programming, production services, speaking, and/or consulting.

Annual Conference of the United Methodist Church	MS Society
Allina	Park Nicollet
Alphabet Junction Childcare	Piper Jaffrey
Alzheimer's Association	Plymouth Congregational Church (Mpls.)
Aviv Healthcare	Prospect Park United Methodist Church ((Mpls.)
Beverly Healthcare	Southwest Metropolitan Grief Coalition
Calvary Lutheran Church (Golden Valley)	St. Mary's Hospice & Hospital (Duluth)
Camp Connect / Camp Starlight	Unity Unitarian Church (St. Paul)
Central Lutheran Church (Mpls.)	Waconia Foster Care
Children's Hospitals & Clinics	Waconia Good Samaritan Home
Children of Tomorrow	Walker Community Methodist Church (Mpls.)
Fairview	Wesley United Methodist Church (Mpls.)
Families Growing Through Grief Retreat	Westminster Presbyterian Church ((Mpls.)
Methodist Hospital	Many others...
Minneapolis Council of Churches	

Education & Training:

Lakewood Community College (Now Century College), White Bear Lake, MN

Major: Music

Normandale Community College, Bloomington, MN

Major: Nursing (did not complete degree because I transferred to Augsburg for Music Therapy)

Augsburg College, Minneapolis, MN

Major: Music Therapy

Minor: American Indian Studies

Degree Earned: Bachelor of Science in Music Therapy in 1999

Internship: HealthSystem Minnesota (Park Nicollet) / Methodist Hospital

- 1040 hours of training in Hospice, Oncology, and at the Struther's Parkinson's Center
- Training included: clinical experience; assessment skills; documentation of goals, objectives, and progress notes; several projects and participation as member of interdisciplinary team.
- Created "Healing Blue Sky: Music Assisted Relaxation" (CD & MP3) that is still used in oncology, and Parkinson's areas.
- Developed pilot program with Park Nicollet Lifestyle Renewal Program for individuals with chronic pain.

Completed Board Certification Requirements- November of 2000

Other Projects:

Music Therapy Presentations- I have presented at State, Regional, and National Music Therapy Conferences. I have also presented for many other groups.

Recordings- I have composed, recorded and produced over 10 albums for relaxation and meditation. I have sold thousands of copies and sold mp3 downloads to people all over the world. Please visit www.musictherapycd.com for more information or to listen. The music I use in my practice is more diverse than the music you would hear on my recordings

Writing- I have written articles for publications and web-sites and for publications internal to Ridgeview Medical Center and Park Nicollet Health Services.